## POLICY OBJECTIVES

1. Develop and implement nutrition standards and guidelines for food available in schools.
2. Promote and improve nutrition status of children in order to enhance and sustain the physical, social and mental well-being of children.
3. Ensure no child is hungry at school so all students have equal ‘opportunity to learn’.
4. Restrict the sale of unhealthy food and drink, and encourage more healthy, locally made products.
5. Track: (1) # of schools that provide healthy dietary options and (2) # of schools which have implemented mandatory physical education/exercise.

## SCOPE OF STANDARDS

<table>
<thead>
<tr>
<th>WHERE</th>
<th>WHO</th>
<th>WHEN</th>
<th>WHAT (Cooked meal)</th>
<th>WHAT (Non-meal foods; snacks)</th>
<th>WHAT (beverages)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Within school compound</td>
<td>Canteen, vendors</td>
<td>School hours: 8am to 3:30pm</td>
<td>450-650 Kcal</td>
<td>Sodium &lt;1mg/Kcal</td>
<td>Gradual reduction from 7g per 100ml ➔ 2.5g per 100ml (WHO* recommendation)</td>
</tr>
<tr>
<td>Surrounding vendors, 1.100 yards around the school premises</td>
<td>Teachers and students</td>
<td>Specified School Events/Activities</td>
<td>6-14g Protein</td>
<td>Free sugars &lt;10% of total energy (TE)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>39g Carbohydrates</td>
<td>Total fat &lt;30% of TE</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>15-20g Fat</td>
<td>Sat fat &lt;30% of TE</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>15-20mg Vit C</td>
<td>Trans fat &lt;1% of TE</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>3-10mg Iron</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## FOOD SERVICE ENVIRONMENT

There must also be guidelines made for:
- Procurement/purchasing
- Ordering and issuing
- Receiving foods
- Storing foods
- Production and service of meals
- Food Safety
- Record keeping
- Marketing

Marketing Guidelines must include:

1. Promotion of brands which are high in salt, fat or sugar.
2. Sponsorship of school events and or teams by brands which are high in salt, fat or sugar.
3. Philanthropic activities tied to brands high in salt, fat or sugar.

## REMAINING ACTIVITIES

Continue consultations with local stakeholders to garner support for cabinet submission/approval.